

QUILTS FROM THE HEART

A Public Benefit Nonprofit Corporation
www.quiltsfromtheheart.org

General Guidelines for Making Quilts



We encourage you to make your quilt with any design, pattern, color, and cotton fabric or combinations thereof. The colors and pattern choices are up to you - you are the creator, you are the designer. The quilts are given to females and males of all ages. Unisex quilts are really great. Do what you feel comfortable doing, we appreciate anything you do. We even welcome individual blocks (orphan blocks) that will be combined with others to make a great scrappy top.

Fabric

- Use **cotton** fabric, this includes flannels.
- Use any color, design or combinations. Sometimes the scrappier the better.
- A large stash of donated fabric for members to use is available at the meetings.
- Baby theme quilts should be no larger than crib size.

Pattern

- Any pattern can be used.

Quilt Size Guidelines: (sizes approximate and variable).

If you can't meet these guidelines but can come close, then "No Problem" – all quilts will be used.

- Crib: 36 x 48" or shorter
- Twin: 55" x 75" or longer
- Lap: 50" to 60" Square (or varying sizes)
- Double and Queen: We don't need many of these except at Christmas, but we'll take it if you make it!

Standard Mattress Sizes (for your reference)

Crib	Twin	Double	Queen	King	CAL King
27 1/4" x 52 5/8"	39" x 75"	54" x 75"	60" x 80"	78" x 80"	72" x 84"

Batting

- Batting should be lightweight, something like bonded polyester or Warm and Natural.
- We try to have a supply of batting available for members.

Quilting

Quilts must be machine quilted so they last a long time and hold up to numerous washings. You may machine quilt in any way you like. This is a great way to practice your quilting designs. If you are unable to quilt your tops there are two other options.

- Quilts From The Heart has our own machine that can be used by trained members.
- We have several generous longarm quilters who volunteer to quilt for the organization. Just bring the finished top and back to a meeting and a machine quilter will take it from there.
- The volunteer machine quilters have the following requests:
 - All the threads must be trimmed.
 - Please make the quilt top with a border around all the blocks; this makes it easier for them to quilt.
 - Provide a completed back that is at least 6" longer and 6" widthwise or 3" to all four sides. Also, cut selvages off seams in backer fabric (but only seams). Selvages are helpful when pinning backer to the rollers on the long arm as the fabric won't stretch. Please press seams on backer open.
 - Quilt and back should have square up edges.
 - If you provide batting, it should be approximately 6" longer and 9" wider than the top. Batting must be lightweight, something like bonded polyester or Warm and Natural.

Finished Quilt Information Label Sheet extras are available on the website at www.quiltsfromtheheart.org

Please fill out information label and attached to the back corner of the finished quilts when it is turned in.